



# Girls on the Run is for **EVERY** girl.

REGISTER HER *today* at [girlsontherunatlanta.org](http://girlsontherunatlanta.org)



Practice days are Tuesdays  
and Thursdays from 3:30-5:00  
pm.

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Girls on the Run is an afterschool program like no other! Girls of all abilities will have fun, make friends, increase physical activity levels and learn important life skills they can use at home, at school and with friends.

Girls on the Run fosters an inclusive environment, where individual differences are celebrated! Give your girl the opportunity to connect, grow and thrive.

## For Your Girl!

- **Girls on the Run** for 4th & 5th grade girls
- Programs begin: week of September 12 End-of-season 5K celebration: December 3
- Girls on the Run combines social-emotional learning and physical activity.
- Program Includes:
  - 20 lessons with trained coaches
  - Lesson materials and program t-shirt
  - 5K registration fee, 5K tee and medal for participant
- Financial assistance available

## Registration Info

Register your girl for the fall season lottery by Tuesday, August 30. *Lottery means only 15 girls will be picked through a computer run lottery.*

[girlsontherunatlanta.org/program-registration](http://girlsontherunatlanta.org/program-registration)